

WORLD MENTAL HEALTH DAY 2026

**JOIN OUR WORKSHOPS TO ENHANCE YOUR COMPETENCIES;
REGISTRATION IS OPEN FOR THE FOLLOWING SKILL BASED WORKSHOPS:**

WORKSHOP SCHEDULE

Room 5040, Nasirullah Foundation Conference Hall,
Dept. of Clinical Psychology, 4th Floor, Arts Building, University of Dhaka

16 OCT	9:30 AM- 1:00 PM	Art of Intervention: Making Therapy Deliver Best	For professionals only	Dr. Md. Kamruzzaman Mozumder Professor, University of Dhaka
	2:00 PM- 5:00 PM	Understanding BPD Through the Lens of DBT: Orientation on How DBT Works		Saima Akther Founder, Psychoach Bangladesh
17 OCT	9:30 AM- 1:00 PM	Care for Caregivers	For professionals only	Md. Jianur Kabir Clinical Psychologist
	2:00 PM- 5:00 PM	Building Bridges Through Empathy in Mental Health Care for the Young Generation		Kamal Uadin Ahmed Chowdhury Professor, University of Dhaka
30 OCT	9:30 AM- 1:00 PM	Make It Matter: Values, Goals and Actions for a More Fulfilling Life		Marzia Al-Hakeem Lecturer, BRAC University Tarannum Musarrat Tusqa Senior Manager, BRAC International
	2:00 PM- 5:00 PM	Motivational Interviewing for Positive Change		Dr. Tarun Kanti Gayen Clinical Psychologist & Part-time Teacher, University of Dhaka
31 OCT	9:30 AM- 1:00 PM	The Art of Positive Parenting: Raising with Love and Limits		Jobeda Khatun Assistant Professor, University of Dhaka Mumita Jerin Nilav Clinical Psychologist
	2:00 PM- 5:00 PM	Beyond the Struggle: Addressing Adolescent Mental Health in At-Risk Situations		Salma Parveen Clinical Psychologist & Part-time Teacher University of Dhaka Ruma Khondaker Clinical Psychologist & PhD Researcher

Every Workshop Fee :

- Professionals & General = 2,000 BDT
- Students = 1,500 BDT
- BCPS members = 1,500 BDT

For Registration



bKash +880 1759-399879

For more queries:
+880 193-9577049

Organized by

Department of Clinical Psychology, University of Dhaka, &
Bangladesh Clinical Psychology Society (BCPS)



DEPARTMENT OF
CLINICAL PSYCHOLOGY
UNIVERSITY OF DHAKA



BANGLADESH
CLINICAL
PSYCHOLOGY
SOCIETY